



Preparing for the arrival of a new baby!

How exciting! And yet I remember how scared I was when I was pregnant with my first child. My husband and I had not been around a lot of couples who had started their families, and my sister-in-law who had had her first child was 8 hours away from me. We knew we were on our own.

Here are 10 things you should do to get ready for the arrival:

1. Select a room that the baby is going to stay in. Start to declutter the room and make room for the arrival of many baby items.
2. Start your baby registry when you are about 6 months pregnant. I remember our families putting on baby showers and they were such a huge help.
3. Assemble the crib and other pieces of furniture, because once the baby arrives, you will not have any time for yourself.
4. Keep your doctor appointments.
5. Enjoy the time with your partner as much as possible because once that bundle of joy arrives, your time will be limited and when you do get some spare time, your joy may be taking a nap.
6. Think ahead about childcare. You can interview people or visit daycare centers before your baby arrives.
7. Also take time to understand your company's policies regarding taking some time off.
8. Toss around some ideas of names for your child. Write them down and then refer back to them periodically.
9. Remember to bring your overnight bag, makeup, and infant car seat to the hospital. They won't let you leave without one. I also remember wanting to put on a little makeup because I knew we were going to be taking a lot of pictures and I didn't want to look like crap.
10. Remind yourself to eat healthy and exercise. You want to feel good about yourself, inside and out. When the baby arrives, don't be the super-mom. Ask people to help out.

Here are a few helpful websites:

<http://www.thenewparentsguide.com/essential-baby-products.htm>

<http://www.parents.com/pregnancy/my-life/preparing-for-baby/>

Upcoming Events:

I will be giving an organizing presentation at Howell Carnegie District Library on Tuesday, Jan. 12, 2016 from 7:00-8:00 pm. Here is their address: 314 W. Grand River, Howell, MI 48843

Happy Organizing!

Your local professional organizer,
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