



Mom or Dad can't live on their own. What's next?

You have to face the tough decision that Mom or Dad can't live on their own any more. You've spoken with your family members and have decided it's time to do the research.

Here is a checklist to help you get started:

- Facility
- Budget
- Additional Services
- Location

Facility – is it clean, in disrepair, how is the staff, friendly or grumpy? Ask the employees how long they have worked at the facility. If you don't find a lot of people with years of employment, then I would continue your search.

What is your Budget? Talk to your family member and see what they feel comfortable spending. Go visit different options within your price range to get an idea of what is available so you are better prepared with research and you can make a more informed decision when you aren't facing a crisis.

Services – You may want to choose a place that offers varieties of services so they don't have to move to another facility – Independent Living, Assisted Living, Rehabilitation and Memory Care. Ask about their activities and how often they have outings and social gatherings. Look at their staffing levels. Many facilities provide on-site pharmacy, physical therapy, salon services for residents. Different facilities offer a variety of dining styles and meal offerings.

Is the facility close to you? Is it convenient to visit mom or dad? How far are you willing to drive to visit?

Can you interview some people who live there and see what they like and dislike about their home.

Is the facility close to items such as the grocery store, doctors, entertainment, restaurants, and family? Do they provide a bus for their residents?

Fill out the application and get the process started. Sometimes you have to wait a few months to get into the place. Many have long waiting lists.

Organize their paperwork. Do you know where their trust or will is? Who is their Power of Attorney? Who is their healthcare advocate?

Here are 2 great websites: - <https://www.aboutassistedliving.org>
<http://www.aplaceformom.com/senior-care-resources/articles/moving-elderly-parents>

Upcoming Speaking Event

Thursday, Jan. 12 at 6:30pm at – Grand Blanc - McFarlen Library

515 Perry Road, Grand Blanc, 48439, 810-694-5310

Topic: Attack Your Pantry and Cupboards

Happy Holidays!

Your local professional organizer,
Betty Huotari

P.S. If you would like to share this email with a friend, please pass it along and if they would like to be added to my list, have them send me an email. If you would like to unsubscribe to the monthly news-letter, please send an email to betty@logicalplacement.com.

<http://www.aplaceformom.com/senior-care-resources/articles/moving-elderly-parents>

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