



April 2014 – Organizing Your Bedroom

Having an organized bedroom, I think, is very important. Who wants to go to bed and wake up surrounded by clutter? I don't, and many experts agree that if your bedroom is a calm surrounding, you will get a better night's sleep. In this issue, we're going to find new ways to organize your bedroom and closets. When it comes to keeping you on task, get 4 boxes and a glass of water to help you keep focus. Here is what you do with the 4 boxes. First of all label them: Garbage, Remove, Donate, Clothes to Keep.

Garbage – This is self-explanatory. Sometimes garbage ends up on our floor or dressers so just pitch it.

Remove - Ask yourself; Are there any items that do not belong in the bedroom? Have you placed something in this room temporarily because you were expecting company and then never took the time to move that item to its home? Now's your time to place it in the box, and then you can place it where it really belongs.

Donate – Donate your clothes to your favorite charity or sell at a local consignment store?

Clothes to Keep – You are determined to fit into your clothes, but the majority of clothes that don't fit, should be placed elsewhere. You may want to move these clothes downstairs in containers that are labeled by size or into a wardrobe closet.

Organizing Your Closets

Create a plan first. What do you want the closet to be used for? Install a second rod and extra shelves if your budget and space permits it.

Get into the habit that if you bring something new in, you must let go of something.

Shoe racks are a great investment. If you have a lot of shoes in the master closet, clearly label the shoebox to remind you of what is inside, or you can even take a Polaroid of the shoes and tape it to the outside of the box.

It is a good idea to split your suits. This makes it easier to mix and match with other outfits. Arrange your items so things are in groups – skirts, pants, blouses, dress shirts and blazers.

Buy hangers that you can hang multiple pants or skirts on. Use a pegboard for scarves, hats, belts and purses. Sometimes by buying an organizer for that category, it should limit your category. Notice I said "should."

Don't put clothes back into your closets if they need mending. If you don't care to mend them, bring them to the drycleaners.

The last thing to mention is make your bed daily. It's the largest piece of furniture and if your bed isn't made, it really gives your whole room a very messy look.

On March 20th, the first day of spring, I was asked by NBC25 to come in and do 2 segments on spring cleaning and de-cluttering. Here is the link - <http://www.youtube.com/watch?v=WQkDLjNaVYc>

I hope you will enjoy sleeping the calm oasis you have now created. Sweet dreams!

Your local professional organizer,

Betty Huotari

P.S. If you would like to share this email with a friend, please pass it along and if they would like to be added to my list, have them send me an email. If you would like to unsubscribe to the monthly news-letter, please send me an email to betty@logicalplacement.com.

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