

September 2020 - Preparing for an Emergency

1 message

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Tue, Sep 1, 2020 at 7:01 AM



Hello, Friends!

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September 2020 - Preparing for an Emergency

September is National Preparedness Month, as explained at:
<https://www.ready.gov/september>

Heaven forbid that we ever have to do this, but you never know when you will face an emergency and have to make a quick exit. For example, not only did we have to deal with COVID-19 this year, but do you remember when the people of Midland suddenly had to face a huge flooding disaster?

You should create an Emergency Plan to be sure you are as prepared as possible. This was created by the American Red Cross, whose leaders know from experience we always should be ready for the unexpected:

- Meet with household members and discuss with children the dangers of fire, severe weather, earthquakes and other emergencies
- Draw a floor plan and mark two escape routes from each room
- Learn how to safely turn off water, gas and electricity at main switches
- Post emergency telephone numbers and give children the different phone numbers too
- Teach children how and when to call 911, police and fire
- Buy a radio that uses batteries and know where it is located
- Pick an out-of-state and one local family member / friend to call if separated in a disaster
- Pick two meeting places – one near the home and the second outside your neighborhood
- Take a basic first aid and CPR class
- Keep family records in a water and fireproof container
- Remember to include special items for infants, elderly or disabled family members

Here is a great list of supplies you might need in a such disaster, also prepared by the Red Cross:

- Three-day for food supply and water
- Non-perishable packaged and canned goods and non-electric can opener
- Extra pair of glasses and safety glasses
- Flashlight and radio with extra batteries
- First aid kit
- Seven-day supply of medication, plus a list of family physicians and health issues
- Multipurpose tools
- Sanitation items
- Copies of personal documents
- Mobile phone with charger
- Emergency contact list
- Extra cash and credit cards
- Map of the area
- Secure your home and sets of car and house keys
- Extra clothes, rain gear, blanket, good shoes and sunscreen
- Blankets and sleeping bags and pillows
- Cameras for photos of damage
- Shut off gas, water, electricity and let others know where you are going
- Battery booster cables
- Teach family members to stay low to the ground
- Keep a whistle, as available from Redcross.org

Here is a website if you wanted to order a few Emergency Kits:

<https://www.stealthangelsurvival.com/collections/emergency-kits?msckid=fac819d1aefa16e572447ba6c810db>

And remember, Emergency Kits can make wonderful and very thoughtful gifts. Hope you and your family are still staying safe and healthy.

Your local professional organizer,
Betty Huclari

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