



Hello, Friends!

810.348.1772

betty@logicalplacement.com • www.LogicalPlacement.com

March, 2020 - Shopping for Groceries

Do you love grocery shopping? Many people enjoy it, while others dread the never-ending need to go to the store.

Do you keep a paper grocery list handy, maybe next to your refrigerator or on the kitchen bulletin board? Lots of families do.

Some people keep their ongoing grocery list on the fridge or countertop. I used to have a little book on the countertop where the kids could add their items. And, if they finished some item, it was their job to write it down in the book to let me know it needed replacing.

That way, when I came back from the grocery store and they asked if I had picked up a particular item, I was off the hook — because if they didn't write it down, I didn't pick up that item!

About three years ago, I switched to keeping an electronic grocery list right on my iPhone. That makes sense to me, mainly because my phone is always with me. Sometimes I can hop into a grocery or department store quickly and grab some items in between client appointments.

See, we can learn some things from our college-aged kids, too!

How many of us have tried this new way of doing grocery shopping?

Many food stores have an app where you order your groceries online. Within a few hours, they show up at your door or they load your groceries into your car outside the store. Ordering and payment are all done online, while the grocery store worker picks up and bags all the items for you. That is a big time-saver!

Some of my friends use Meijer and have their groceries delivered to their home. Meijer uses a company called SHIPT. They have same day delivery with orders over \$35 (if it's under \$35, there is a \$7 delivery fee.) For more information, go to www.shopmeijer.com.

There is an annual membership fee of \$99 per year as well. You may find this worth it!

Kroger's program is named Ship which is at www.ship.kroger.com if you'd like details. Other chains such as VG's (Spartan stores) have a similar system found at www.shopthefastlane.com. Their annual fee is \$29.

These are all great solutions for helping today's busy Moms and Dads save time, if they don't mind spending a little money to pay someone else to grocery shop for them.

There is always Amazon as well (they purchased Whole Foods last year.) It seems as though Amazon is in the business of trying to do everything for everyone.

Maybe one or more of these companies will figure out a way to PREPARE the food we bring or get delivered to our kitchens, and make even MORE busy parents happy!

Your local professional organizer,
Betty Huotari

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