

Make the most out of a

snow day

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Hello, Friends!

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December 2019 – Marie Kondo Helps Us Start 2020 On The Right Foot

Have you had a chance to watch world-renowned organizer Marie Kondo on Netflix?

Back in late January 2019, I was made aware that Marie Kondo had a series on Netflix, so I decided to watch some of her episodes, to become more familiar with her methods.

There are 9 episodes and about 50 minutes in length. She covers a variety of topics and areas of the homes and discusses many challenges that most of us have faced or are still facing.

Her approach to the projects is interesting. If dealing with clothes, she guides you to bring together all the clothes you have scattered throughout the house — in the spare bedroom closet, front closet, basement, basement closet (do I need to say more?) She asks you to gather everything in one pile — and then you touch each item and ask yourself, “Does this still bring me joy?”.

If the clothing no longer does that, she recommends you thank the item — and then place it in a donate pile. She wants everything in one pile because visually you will see how much you have. Most of us would agree that we have much too much!

As you start to put items together back into your closet, you should remember that only the items that bring you “joy” are being retained, to be worn and not forgotten.

She also has a neat approach to folding clothing and putting items away in your drawers. You fold items into 2s or 3s depending on the size of the item — then, instead of stacking items, you place them one behind the other.

I’ve included my own “before” and “after” pictures, so visually it’s easier to see what I am trying to describe. I tried this method with mine and my husband’s underwear and sock drawer. I really liked it! Next, I’ll see how easy it is to maintain this system.

I tackled my t-shirts and placed them one behind the other and separated them by categories. For instance I play volleyball and throughout the years, my team has won a few of the leagues and we get a free t-shirt so I placed all my volleyball t-shirts together and now don’t only wear the one on top.

See — even professional organizers need a little tweaking now and then! We are human, too.

Happy Holidays and Happy New Year from your local professional organizer,

Betty Huotari

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